विजयवर्गीय (वैश्य) राजसेवक परिषद्, जयपुर

"संगम", विजयवर्गीय साम्दायिक केंद्र एवं छात्रावास भवन,

Sector 26, Pani ki Tanki ke Pass, NRI Circle, Pratap Nagar, Jaipur, Rajasthan 303906

SKILL GENIE & EMERGING TECHNOLOGIES

-S.N. Vijayvergiya Director & Chief Technology Mentor with Genuse Power Infrastructures Ltd. Jaipur (9351547415)

LESSON: 1 YES, I CAN! (THINK POSITIVE)

As human beings we face problems in life. If we try to runaway in fear, we cannot reach our goal. We should be positive. This lesson talks about 'positive attitude'.

LESSON: 2 MY STRENGTHS (HONE THEM WELL)

Smart people identify their strengths and build their success on them. This lesson helps you to identify your strengths and build your future on them.

LESSON: 3 SELF-ESTEEM (I'M WORTHY OF LOVE!)

Your faith in your abilities makes you respect yourself. Such kind of love and respect for you is self-esteem.

LESSON: 4 SELF-CONFIDENCE (BELIEVE IN YOURSELF!)

You may be rich and intelligent. But if you do not have confidence you cannot come out and speak. Hence, apart from all your hard work, self-confidence is very important. It can be acquired through practice.

LESSON: 5 TEAMWORK 9TOGETHER EVERYONE ACHIEVES MORE)

We know that two brais are better than one. Teamwork always produces better results. But if also includes many skills. This lesson discusses such skills.

LESSON: 6 18th CAMEL! (NEGOTIATE AND WIN!)

We use 'negotiation skills' with family, friends and a range of people and organizations. These skills are a part of our everyday life. This lesson talks about these skills.

LESSON: 7 DON'T CONFORM! (BE YOURSELF, THINK FOR YOURSELF)

You are influenced by peers/friends who mould your personality either into a better or bad one. Monitor such pressure from peers.

LESSON: 8 EMPATHISE! (STEP INTO THEIR SHOES)

Empathy is the ability to understand another person's difficulties and point of view. In the following situations, observe the difference between the responses of a coach and those of a teacher.

LESSON: 9 TIMEMANAGEMENT(PLAN YOUR TIME,PLAN YOUR LIFE)

LESSON: 10 MY GOAL! (PLAN FOR IT)

Studies, career or life – you must have a clear cut idea of what you want to learn, gain and achieve. You must set a goal for this. Learn how to set goals.

LESSON: 11 MIND MAPPING! (PLANNING FOR YOUR LIFE)

Mind mapping is a way of planning things. It is like note making. It helps for clearer thinking and better planning. It gives clarity to our plans and a good direction to our ideas.

Over Please

LESSON: 12 DECISION MAKING (CHOOSING THE RIGHT OPTION)

Right from morning till night, we take many decisions every day. They may be about breakfast, choosing a dress, going to a movie – anything. These are smaller issues. But when this is about bigger things, it becomes more difficult. This lesson helps you how to make difficult decisions!

LESSON: 13 GROWSE TO LEARN !(SKY IS THE LIMIT!)

Your know well that internet has opened gates to unlimited knowledge. World Wide Web (www) makes it possible to learn things from any point of the world if you have internet connection.

LESSON: 14 WRITE YOUR RESUME! (IT SPEAKS A LOT ABOUT YOU!)

A resume is a documentary record of your contact details, educational qualifications, skills and employment history in a nutshell. As it establishes your details, it should be appeal-ing and convincing. This lesson helps you in preparing your resume.

LESSON: 15 BODY ALSO SPEAKS! (LISTEN TO ITS LANGUAGE!)

Your face with its forehead, eyes, eyebrows, nose, mouth, lips and the other parts of your body- shoulders, hands, fingers, legs and even feet, can express what you are thinking in your mind. This is called non-verbal communication, because this communication does not use words.

LESSON: 16 INTERVIEW SKILLS (GRAB YOUR DREAM JOB!)

Most of you think twice when you hear about campus interviews! But with some skills and ideas about interviews, you can easily get through them. This lesson offers you such interview tips!

LESSON: 17BE THE CHANGE!(SAY NO TO DISCRIMINATION)

Some people don't tolerate others because of their colour, language, sex, nationality, religion and so on. Change the world into a better place of happiness and respect.

LESSON: 18 SOCIAL RESPONSIBILITY (THE JOY IN HELPING)

As members of society we take a lot from it in many forms. We also have to give back to it. This is social responsibility.

LESSON: 19 EARTH, OUR HOME! (LET'S KEEP IT CLEAN...)

Our life is dependent on the well being of the Earth. But in the name of modern advancement we are causing a lot of damage to it. Learn to care for our home, this EARTH!

LESSON: 20 LEADERSHIP QUALITIES (BE THE LEADER!)

Are leaders born or made? If you look at the lives of famous leaders like Mahatma Gandhi and Nelson Mandela, you can guess that leaders are not born. With a vision for a change, hard work and commitment, leaders are made. This lesson teaches you how to develop such Leadership Qualities!